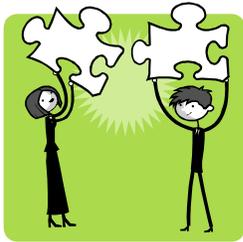


Student Services Newsletter

January, 2019

K-12 Counselor – Abbie Pospychala

Administrative Assistant – Linda Thiel



...putting the pieces together...

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"Don't settle for average. Bring your best to the moment. Then, whether it fails or succeeds, at least you know you gave all you had." **Angela Bassett, actress**

Academic Advising

Academic advising for ninth through eleventh graders began with a group meeting during homeroom on Thurs, Dec. 20. Ms. Pospychala provided basic information and informed students that the **course registration guide can be viewed on the HHS website, <http://www.hilbert.k12.wi.us/hhs/index2.html>, Student Services page.** Eighth graders met with Ms. Pospychala on Wed. Dec. 12 to receive the same information. Each 9-11 gr. student has been assigned an advisor who will schedule individual appointments between Jan. 2 and Jan. 30. The individual learning plans developed during meetings in the 8th grade will be updated and courses for the 2019-2020 school year will be chosen. Students and parents should realize that final assignment of courses depends on the development of the master schedule of classes and the approval of the principal. Courses being offered are determined by the number of requests made by students. School staff, equipment and supplies are based on the number of students enrolled in each course **so when choosing courses students should regard their decisions (including alternate courses) as unchangeable.** Students will bring their registration forms home to have parents sign and return them to their academic advisor.

Also in January Ms. Pospychala will be meeting with all of the eighth graders to develop individual learning plans and choose classes for the 2019-2020 school year. Parents are also invited to attend.

If you have any questions regarding your child's classes for next year please contact Ms. Pospychala at 853-3558.

ACADEMIC ADVISORS

JUNIORS:

Mrs. Lenz-Aguilar thru Kesler
Mrs. Remington-Kress thru Plate
Mr. Hietpas-Price thru Young

SOPHOMORES:

Mr. White-Bates thru Hoffman
Mr. Kohlmetz-Jensen thru Roehrig
Mr. Kuhn-Schmitting thru Zahn

FRESHMEN:

Mrs. Callejon-Averkamp thru Krebsbach
Mrs. Doell-Pena thru Zepagua

EIGHTH GRADE: Ms. Pospychala-Hilbert Middle School and Parochials

SE 8th-11th GRADE: Mr. Wesener and Ms. Brunner

Youth Apprenticeship

Wisconsin's Youth Apprenticeship program is part of a statewide School-to-Work initiative offered through the WI Department of Workforce Development. It is designed for high school juniors and seniors who want hands-on learning in an occupational area at a worksite, along with classroom instruction.

This one or two year elective program combines academic and technical instruction. Students are simultaneously enrolled in academic classes to meet high school graduation requirements, in a youth apprenticeship related instruction class, (most often at a technical college), and are employed by a participating employer under the supervision of a skilled mentor. The student, parent(s), employer, and YA Coordinator meet quarterly to review the student's progress. Three hours of work are required each school day for 1.5 credits per semester.

Interested students must be in good standing, both academically, and in discipline and attendance, and complete the application process by the March 1st deadline. Students should contact Ms. Pospychala to see if they qualify.

For more info, current 10th & 11th graders should attend the YA Info Night on Mon, Feb. 4 from 7-8:30pm at Fox Valley Tech. Stop in Student Services for all the details.

Mandatory ACT Testing

The State of Wisconsin is mandating the assessment of all high school juniors during the 2018-19 school year. The ACT is a curriculum- and standards-based educational and career planning tool that assesses students' academic readiness for college and career. The Wisconsin Department of Public Instruction entered into a partnership with ACT, Inc. to comprehensively assess Wisconsin high school juniors as follows:

- All Wisconsin 11th grade students will take the ACT Plus Writing on February 20 and the ACT WorkKeys Assessment on February 21 from 8am to 12:30pm.

Attendance in school during the dates of these assessments is essential. **Please be mindful when scheduling appointments.**

ACT Prep Resources

ACT has links to FREE practice tests and exemplar items for ACT & Workkeys at <https://dpi.wi.gov/assessment/act/practice-test>. In addition, ACT Academy is a free personalized online learning tool and test practice program available at www.act.org/academy. Through video lessons, interactive practice questions, full-length practice tests, educational games, and other materials targeted to a student's academic needs, ACT Academy provides learners with a personalized study plan. Please take the time to check them out.

Again this year, the school district will be hosting a *Doorway to College ACT Prep* for all juniors, free of charge, on Monday, February 4 from 9am-3pm at the high school. More info will follow.

**NATIONAL HONOR SOCIETY
INDUCTION
MONDAY, JAN. 28
7:00PM
HHS AUDITORIUM**

Allies In Mental Health Education

Our district is a part of Allies in Mental Health Education (AMHE). Members of our AMHE team include Mrs. Konen, Mr. Wesener, Mr. Kuhn, Mrs. Eiden, Mr. Carew, Mrs. Krueger, Miss Pospychala, Mrs. DeMarco, and Mrs. Rutkowski.

AMHE Team (Building/District) Mission: Our Allies in Mental Health Education (AMHE) team along with staff, families, and community will create and sustain a multi-tier system of support for the health and wellbeing of all learners. We will keep all students at the center of our work while striving to build relationships with every child in our district.

AMHE Team (Building/District) Vision: School, family, and community partners will collaborate to understand, respond to, and support the development of all learners in order to provide the resources and skills necessary to live a happy, healthy, and successful life.

A Job with Benefits--

My daughter was in second grade when she got off the school bus and walked in the door, positively beaming. "I know what I want to be when I grow up!" she announced. "What do you want to be?" I asked. "A teacher!" she replied.

Happy to hear she thought so much of her teacher, I waited to hear all the positive attributes.

"Mommy," she continued, "at lunch, teachers get TWO SCOOPS of mashed potatoes!"
Janet Amundson, Trempealeau



HHS STUDENTS OF THE MONTH

Each month Hilbert School District and the Hilbert-Potter Optimists choose two high school students who demonstrate the seven district core beliefs: (positive attitude, flexibility, success, individuality, respect for self and others, safety, and professionalism), and/or exhibit the pillars of character that the Optimist Club promotes: (responsibility, integrity, compassion, leadership, honesty, and respect). Students are nominated by school staff and chosen by members of the Optimists.

Congratulations to our September through December recipients and thanks for all you do!



September: Sophomores-Cameron Tennesen & Davie Kieso
October: Juniors-Reegan Aguilar & Bailey Padgett



November: Seniors-Dakota Kinnard & Amber Hansen
December: Freshmen-Laney Halbach & Meghan Propson

2018 Smart Girls Rock STEM Outreach Event

This one-day mentoring event was held on Wed, November 7 at Menasha Packaging Company. The program connects high school freshman and sophomore girls with professional women in STEM. Groups of students explored 12 interactive stations including: virtual reality, welding, a day in the life of a doctor, forensic finger printing, graphic designing and virtual construction, just to name a few. In addition, attendees gained positive female role models to bolster their confidence that they too can be successful women in STEM one day. Hilbert High School students who attended were: Lydia Meyers, Ally Roehrig, Kaylee Bornemann, Emily Wendell and Alicia Schroeder.



WELLNESS ROOM

One of Mrs. Konen's priorities as Student Support Specialist was to create a Wellness Room for our kids in the School District of Hilbert. This space was created to help students regulate their mind and bodies. Our district values the importance of meeting the needs of not only our students' academic needs but also their social and emotional needs. When all of students' needs are met, they have a better opportunity to live a happy, healthy, and successful life. The room contains items to help calm students, as well as a place to move their bodies. The Wellness Room contains a trampoline, crash pad, pea pod for body relaxing, bean bags, sensory bubble lamp, fiber optic lighting, desk cycle, and balancing items similar to stepping stones. Calming activities are available such as fidgets, Play-doh, coloring books and crayons, Hoberman sphere, Legos, and puzzles. Mrs. Konen hopes this space will provide a place for all of our students to use to help regulate both their bodies and minds. This project was fully funded from Herb Kohl Philanthropies and Hilbert-Potter Optimists. We are extremely thankful for their donations!

